

Cycling Safely

Whether you are an experienced or inexperienced cyclist you must obey the Highway Code – it applies to cyclists as much as to motorists. Below you will find an outline of some of the points illustrated in the code.

On-Road

You MUST obey all traffic signs and traffic light signals.

Bus lanes may be used by cyclists only if the signs include a cycle symbol. Be very careful when overtaking or leaving a bus lane as you will be entering a busier traffic flow.

Cycle Lanes are marked by a white line (which may be broken) along the carriageway. Keep within the lane wherever possible.

Advanced Stop Lines enable cyclists to position themselves ahead of other traffic at traffic signal junctions.

Off-Road

Cycle Tracks may segregate cyclists and pedestrians or they may share the same space (unsegregated). When using segregated tracks you MUST keep to the side intended for cyclists.

Footways may also permit cyclists to share the space with pedestrians and may be segregated by a white line or unsegregated. Do not cycle on a footway unless there are signs to indicate a shared footway.

Take care when passing pedestrians, especially children, elderly or disabled people and allow them plenty of room. Always be prepared to slow down and stop if necessary.

Junctions

Do not ride on the inside of vehicles signalling or slowing down to turn left.

Pay attention to long vehicles which need a lot of room to manoeuvre at corners. Do not be tempted to ride in the space between them and the kerb.



Roundabouts can be hazardous and should be approached with care.

You may feel safer either keeping to the left on the roundabout or dismounting and walking your cycle round on the pavement or verge.

Crossings

Do not ride across a pelican, puffin or zebra crossing. Dismount and wheel your cycle across.

Toucan crossings are light-controlled crossings which allow cyclists and pedestrians to cross at the same time. They are push button operated. Pedestrians and cyclists will see the green signal together. Cyclists are permitted to ride across.

Cycle-Only Crossings. Cycle tracks on opposite sides of the road may be linked by signalled crossings. You may ride across but you MUST NOT cross until the green cycle symbol is showing.

Top Safety Tips

- Aim to be seen by other road users – wear bright or reflective clothing
- Wear a helmet that conforms to current regulations
- The law requires that you must have lights and reflectors when on the road between sunset and sunrise

More information on the Highway Code can be found at www.direct.gov.uk/en/TravelAndTransport/Highwaycode/

Cycle Routes in Central Reading



Legend

Cycle Facilities Key (for all route colours)

Off-road cycle route (tarmac or path)

Off-road cycle route (gravel or rough surface)

On-road cycle route – traffic-calmed or quiet residential road

On-road cycle route – one-way street

On-road cycle way / shared bus lane (one direction)

On-road cycle way / shared bus lane (both directions)

Pedestrians only, cyclists dismount

Reading Cycle Route

Town Centre Route

Linking Route

4 National Cycle Path

Busy junction, no cycling facilities, caution advised

Cycle parking facilities

Railway Station

Cycling in Reading

Bikes are the most energy-efficient form of transport and can be faster and more predictable than car or bus for short journeys.

For example, at a relatively comfortable 10mph, you can cycle from Green Park to The Oracle in 15 minutes – burning around 100 calories in the process.

Cycling regularly can keep you fit, save you money (no tax, no fuel, no fares) and it's one of the most environmentally-friendly ways to travel.

Whether you are an experienced or inexperienced cyclist, planning a journey to work, school or for leisure, Reading Borough Council is happy to provide copies of this cycle map. Please call 0118 937 4881 for hard copies. Alternatively it is online at www.reading.gov.uk/cycling



Cycle shops

The following cycle shops are sponsors of this map edition.

AW CYCLES
110 Henley Road Caversham, Reading RG4 6DH
Tel 0118 946 3050
www.awcycles.co.uk

CYCLEZONE
201 Wokingham Road, Earley, Reading RG6 7TD
Tel 0118 966 1011
www.cyclezoneuk.com

Contacts

- Reading Borough Council
0118 937 3737 or www.reading.gov.uk
Transport Strategy – for information about
Bikeability in schools call 0118 937 4881 or
www.reading-travelinfo.co.uk
Cycle Development officer – for information on
'cycling champions' programme or Bike Week call
0118 937 4048
- West Berkshire Council
01635 42400 or www.westberks.gov.uk
- Wokingham Borough Council
0118 974 6000 or www.wokingham.gov.uk
- Reading CTC 0118 986 2763 or www.readingctc.co.uk
- CTC: The UK's national cycling organisation
0844 736 8450 (Direct line 01483 238 337)
www.ctc.org.uk
- Reading Cycle Campaign 0845 330 2543
or www.readingcyclecampaign.org.uk

Potholes, highway maintenance, street lighting
Freephone 0800 626540

- West Berkshire Council
01635 42400 or www.westberks.gov.uk
- Wokingham Borough Council
0118 974 6000 or www.wokingham.gov.uk
- Reading CTC 0118 986 2763 or www.readingctc.co.uk
- CTC: The UK's national cycling organisation
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- Reading Cycle Campaign 0845 330 2543
or www.readingcyclecampaign.org.uk



Bike and Train

Bicycles are carried on most trains operating on the National Rail Network. However, each train operating company has its own rules. For full details go to www.nationalrail.co.uk/passenger_services/cyclists.html or call 0845 7484 950. Compact folding cycles are carried free of charge without restrictions.

OYBike

Don't fancy taking your bike on the train?
Why not rent a bike from OYBike, the on-street rental station network that allows you to hire and return a bicycle via your mobile phone. OYBike stations can be found at the following key locations in Reading:

- Reading Train Station
- Green Park, Longwater Avenue
- Green Park, South Oak Way

For more information go to www.oybike.com or call 0845 226 5751.



Lock it or Lose It

To Protect Your Bike From Theft with four simple practical steps:

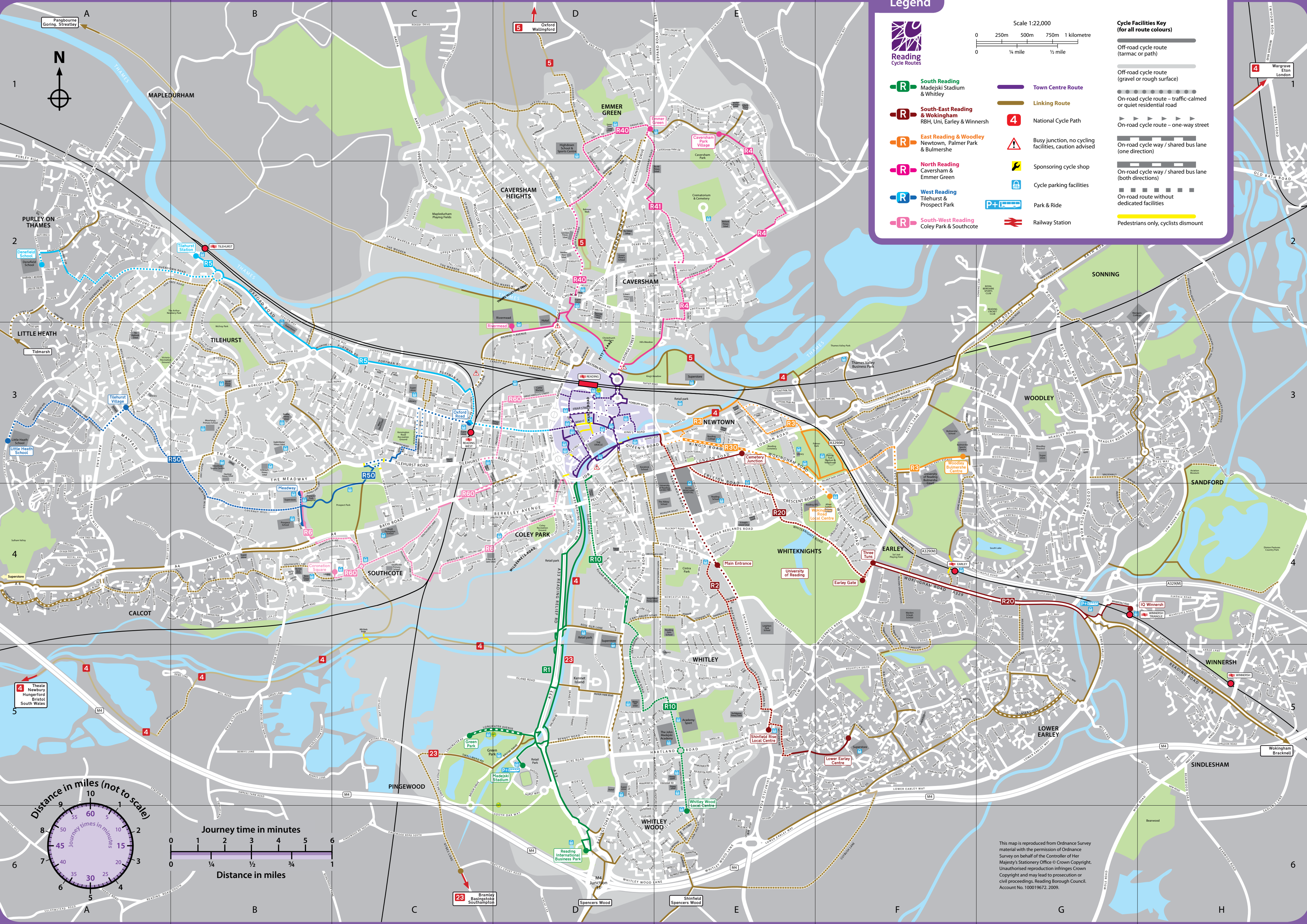
- Do lock your bike to something solid
- Do use the many bike parks around the town
- Do invest in a good quality lock
- Do have your frame postcoded

BUT

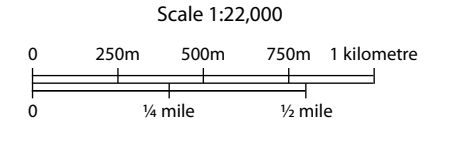
- Don't leave your bike obstructing a way used by pedestrians
- Don't leave it unlocked, EVER, not even for a few seconds

Reading Street Index

Aberystwyth	TC	Blenheim Gardens	E4	Church Rd, Cav	D2	East Drive	B4	Gryestake Road	D2
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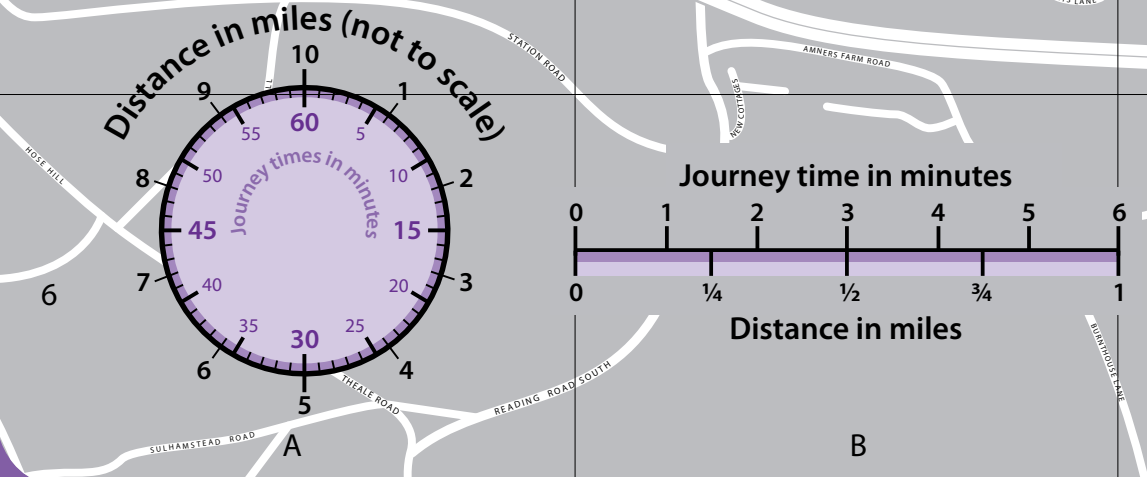


Legend



- South Reading**
Madejski Stadium & Whitley
- South-East Reading & Wokingham**
RBH, Uni, Earley & Winnersh
- East Reading & Woodley**
Newtown, Palmer Park & Bulmershe
- North Reading**
Caversham & Emmer Green
- West Reading**
Tilehurst & Prospect Park
- South-West Reading**
Coley Park & Southcote
- Town Centre Route**
- Linking Route**
- 4** National Cycle Path
- Busy junction, no cycling facilities, caution advised
- Sponsoring cycle shop
- Cycle parking facilities
- Park & Ride
- Railway Station

- Cycle Facilities Key (for all route colours)**
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 - On-road route without dedicated facilities
 - Pedestrians only, cyclists dismount



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